## September 2022



# **ENOUGH IS ENOUGH**

**KINGSBRIDGE HEIGHTS COMMUNITY CENTER** 

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#### How I can help

In my role, I serve as a confidential resource for students, staff, and faculty. I can provide emotional support in addition to information regarding violence and available resources. Feel free to share my information with anyone who may find it helpful.

#### Support at KHCC

KHCC provides a range of support within the Bronx including case management for concerns such as housing and finances, programs for kids from early childhood through college readiness, workforce development, and much more. All are welcome to reach out to me to see what support can be there!

### HAPPY FALL!

I hope everyone has had some time for rest this summer and feels refreshed going into a new academic year! With the start of the new year comes a new Enough is Enough newsletter with a new format. I want to start by pointing out some key parts of the new newsletter.

To start with, all of my information and a description of my role along with KHCC's services can be found to the left. Please feel free to share this information with anyone in your campus community who may find it helpful. If there is anyone who you feel these updates may be helpful for, also feel free to let me know and I can add them to my mailing list.

In addition to the regular updates I share in this space, I also reserved the last page of the newsletter for resource sharing. There a couple of anonymous and confidential resources will be listed monthly and a few may be spotlighted from time to time. For this month, I put a spotlight on my office hours which are a weekly virtual drop-in space available to all campus involved folks. I look forward to opening this space up again!

Finally, I want to say a big thank you to all of you for continuing to be collaborators in this space. It was great to connect with so many of you this summer and to plan big. I am optimistic and excited for the year ahead!

## FALL PROGRAMMING



Image description: Nicole sits behind a table holding up a notepad, smiling. @KHCCEIE

In case my smile doesn't say it, it's been really great to be back on campus at the start of the new semester. This fall is a busy one with many tabling events, workshops, and facilitated conversations across campuses. That being said, it's never too late to add a couple more events to the calendar so feel free to reach out for collaborations.

Fall is not only the start of the semester, but October will also mark Domestic Violence Awareness Month (DVAM). This can be a great time to engage students, staff, and faculty in issues related to violence in diverse and creative ways. Let's talk about what that can look like on your campus!

## TITLE IX COMMENT PERIOD

This is a friendly reminder that the period to submit comments regarding the proposed Title IX changes is open until September 12, 2022. During this period everyone has the right to submit their feedback regarding the proposal via regulations.gov/document/ED-2021-OCR-0166-0001/comment. This can be a great opportunity for all voices to be heard!





## RESOURCES

## **VIRTUAL OFFICE HOURS**

Virtual office hours are hosted weekly on Thursdays from 1pm to 2pm. Students, staff, and faculty are welcome to drop-in to discuss all things EIE like safety planning, resources, supporting a friend, and rights under EIE and Title IX. Access at doxy.me/nicolemaiorano.



QR code for office hours

## NYC RESOURCES

### Safe Horizon

Free 24/7 hotline for survivors of all violence, including domestic and sexual violence. Available at 800-621-4673 or via online chat during limited hours.

### Love is Respect

Free 24/7 hotline for teens, young adults, and their loved ones seeking help, resources, or information relating to healthy relationships and dating abuse. Available by text (LOVEIS to 22522), call (866) 331 9474, or online chat.

### Anti Violence Project

Free 24/7 hotline supporting LGBTQIA+ and HIV affected survivors of violence. Available at 212-714-1141.

### Womankind

Multilingual and culturally-responsive organization for survivors of domestic violence, human trafficking, and sexual violence with a focus on the Asian American Pacific Islander Community. 24/7 helpline available at 888-888-7702.

### Violence Intervention Program (VIP)

Crisis counseling, advocacy and support for survivors of domestic and sexual violence with a focus on the Latinx community. 24/7 hotline available at 800-664-5880. Family Justice Center

Free walk-in center for survivors of intimate partner violence. Supports include safety planning, counseling, legal support, housing options, and benefits assistance. For more information, call 718-508-1220.



